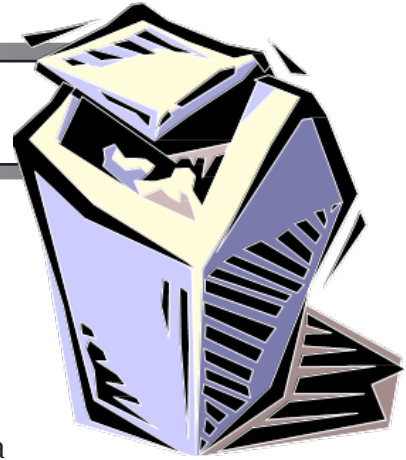


## Cafeteria Waste Activity Sheet

### What Do You Throw Away?

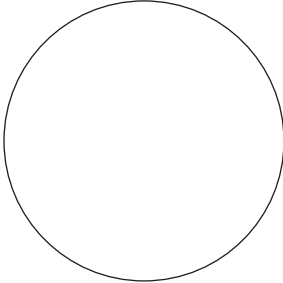
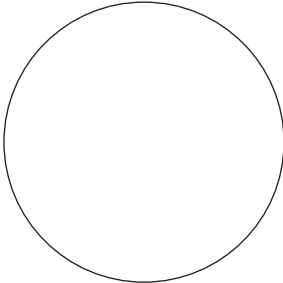
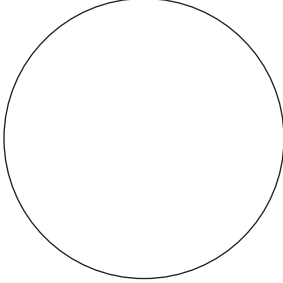
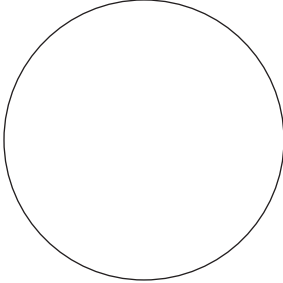
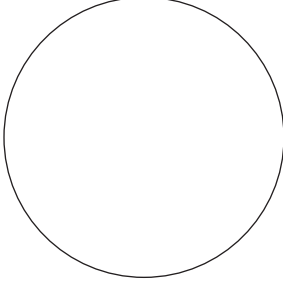


You've probably been told more than once to "clean your plate" during a meal, but the fact of the matter is that our country is one of the biggest food wasters in the world. Researchers estimate that Americans throw out about 20–25% of all the food they purchase. That means that every day our country wastes enough food to fill a football stadium like the Rose Bowl. Over the course of just one year, the average U.S. household will waste about 474 pounds of food, a daily average of 1.5 pounds per person.

Let's explore this phenomenon here at our own school by looking at food waste in our cafeteria. Chart what you personally throw out at lunch for the next five days using the circle graphs below. Show the percentage of food you estimate that you actually consumed by shading in that portion of the graph. Note the date and the approximate percentage of waste each day.

### Example

Date	Graph of food eaten	Details
Day 1: 3/13/12		Percent discarded: _____ % Notes: _____ _____ _____ _____

Date	Graph of food eaten	Details
Day 1:		Percent discarded: _____ % Notes: _____ _____ _____
Day 2:		Percent discarded: _____ % Notes: _____ _____ _____
Day 3:		Percent discarded: _____ % Notes: _____ _____ _____
Day 4:		Percent discarded: _____ % Notes: _____ _____ _____
Day 5:		Percent discarded: _____ % Notes: _____ _____ _____