Technique #1 Hand Sewn Binding

Step 1: Press the cork onto the eye of the needle.

Step 2: Place all pages of the book together & fold them in half to make a crease along the spine.

Step 3: Lay the book open so the center pages are visible.

Step 4: Use the ruler & pencil to measure & mark a dot in the spine 1/2" from the top & bottom of the book.

Step 5: Measure to the center of the spine & mark a dot.

Step 6: Use the needle with the cork attached to punch holes where the 3 dots were drawn.

Step 7: Remove the cork from the needle.

Step 8: Measure out a length of string at least 3 times the height of the book & thread the needle with it.

Step 9: Sew the book using these 3 stitches: (start with a stitch from the outside middle).

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Technique #2  Yarn/Ribbon Binding

Step 1  Keep pages in single sheets of unfolded paper in any size you want.

Step 2  Check the pages of the book to make sure the left margin of text or illustration is at least 1” from the edge of the paper.

Step 3  Mark dots 1/2” from the top and bottom of the paper, and 1/2” from the left edge.

Step 4  Measure 1/2” from the left side of the paper & draw a faint line from top to bottom.

Step 5  Punch holes from top to bottom along the faint line with about 1/4” between the holes.

Step 6 & 7  Measure yarn/ribbon at least twice the height of the book (or longer if braided.) Thread yarn/ribbon in & out of each hole from top to bottom, keeping extra length at the first hole so it can be tied off later.

Step 8  Loop the top & bottom lengths of yarn/ribbon back through their original holes & tie off the extra length.
Step 1: Insert 3 staples lengthwise into the creased spine of the book at regular distances.

Step 2: Check that there are no words or illustrations 1/2” to 1” from the left edge on the cover and each page.

Step 3: Cut a piece of tape a little longer than the height of the book.

Step 4: Fold the book in half so it is closed. Place the piece of tape on a flat surface, and press the spine of the book into the center of it.

Step 5: Wrap the tape onto the front & back covers of the book, smoothing it to avoid air bubbles or creases.

Step 6: Cut off any excess tape from the top & bottom of the book.