

Inspire Healthful Reading Objective Checklist

	Student Name	Objective 1	Objective 2	Objective 3
		Able to locate the nutrition label on a food item	Able to identify the number of grams of sugar on the food label as $>$, $<$, or $=$ 15	Able to determine if the number of sugar grams is appropriate for a health snack or a special treat
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