

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Two Belief Statements

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Pick the two statements from your Five Belief Topics handout that you feel most strongly about. For each one, describe how it affects you and why you feel that way.

Statement: I believe

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List how this belief affects you or why you feel that way:

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Statement: I believe

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List how this belief affects you or why you feel that way:

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