Diamante
Students may tell you that a Diamante is a style of car by Mitsubishi, but before it was ever an automobile, it was a seven-line, diamond-shaped poem based on contrasting words:

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Winter
white and silver
fading, sleeping, slowing down
March exchanges vows with April
nodding, rising, waking up
green and goldburst
Spring
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The pattern is clear: lines two and six are two adjectives describing the beginning and ending nouns; lines three and five, three participles (-ing or -ed words) also describing the nouns; and line four, the pivotal turning point, which may be four words or a phrase. It's easy to get students started with diamantes: offer a few polarities with potential: good/evil, sunlight/shadow, dream/nightmare, Beauty/Beast. The trick is the fourth line—making the transition smooth.¹

¹Somers, Albert B. Teaching Poetry in High School (Urbana: NCTE, 1999), page 135. Copyright 1999 NCTE. All rights reserved.